



Lawsuit shocker

Estate of dead youth named in million dollar lawsuit.

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Focus on Business

Bradford Board of Trade's Town & Country Living Show.

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Momstown Community Celebration and more.

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Lions Day of Service

Photo by Miriam King, Bradford Times

Bond Head and District Lions Club, and their community helpers - including students at Sir William Osler Public School, conducted a community-wide food drive on the Lions Day of Service, April 26.

On April 23, Bond Head & District Lions and community volunteers - including students from Sir William Osler Public School - canvassed the hamlet, on County Rd. 27.

They handed out paper donation bags provided by Beeton Foodland, in advance of the Lions' food drive for the Helping Hand Food Bank, set to take place on April 26 - Lions Day of Service, a day when nearly 50 Lions Clubs in the District participated in community service activities.

On April 26, Bond Head Lions, students, parents and other community partners went door-to-door to pick up the food donations, with the assistance of Switzer-Carty Transportation, which provided a bus and driver at no cost. Residents could also drop off donations at the Bond

Head Community Hall, between 10 a.m. and 1 p.m.

The result? The Lions and their helpers literally "stuffed the bus" with food donations, collecting and delivering approximately 3,000 lbs of donated food, as well as cash.

"We were very happy with how the day went. The generosity of the Bond Head residents is incredible," said John Gaffey, Bond Head Lions Club President. "It was amazing to see how much everyone gave. I can't say enough about the community volunteers who joined us - several

see SERVICE Page 11

Get on the Bus!

One of the most popular displays at the Bradford Board of Trade's Town & Country Living Show on April 26 wasn't to be found inside the Bradford Community Centre arena.

It was parked outside the front doors: the white, blue and green community bus, that will launch public transit in Bradford West Gwillimbury.

Town staff were on hand, handing out brochures that outline details of the new transit system and the routes. Drivers and staff with Switzer-Carty Transportation, the company partnering with the Town to operate the buses, provided "tours" of the handicapped-accessible vehicle.

"We're pretty happy about it, to be working with the Town to provide Transit," said Vikki Valois, Branch Manager at Switzer-Carty. "The feedback we've received so far is wonderful!"

At a recent visit to the Seniors' building at 100 Miller Park, there was a common refrain from residents: "We've got our freedom back!"

The Transit system, which will initially run from 9 a.m. to 5 p.m. Monday to Friday, offers two routes - an "express" Cross-Town route from the GO Train station to Walmart Supercentre, with stops at 100 Miller Park, the Bradford Public Library, and BWC Leisure Centre; and an "Around Town" route, which will wind through Bradford, taking nearly an hour to complete each loop.

The system is geared towards those who don't have other means of transportation, to connect with the shops at the west end of Town, the

see BUS Page 3

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Shocked by lawsuit

The female driver of the SUV that struck three young cyclists 18 months ago on Innisfil Beach Rd., killing one of the youths, is now suing the families of the victims.

About 1:30 a.m. on October 28, 2012, three teens were cycling eastbound, 3 abreast, when they were struck from behind by a black Kia Sorrento. Seventeen year old Brandon Majewski died in hospital hours later.

No charges were laid at the time by investigating South Simcoe Police. Although the driver of the SUV reportedly admitted to travelling 90 km/h in an 80 km/h zone, police suggested that the lack of illumination on the roadway, the dark clothing worn by the victims, "minimal reflectors" on the bikes

and lack of helmets were all factors in the collision, and the death.

The driver, identified in the court claim as Sharlene Simon, has now filed suit against the estate of Brandon Majewski - his father Derek Majewski and stepmother Lisa Tessier - for \$1 million, claiming that because of the collision, "her enjoyment of life has been and will be lessened." She has also named the other two boys involved, one of who suffered serious injuries, and the County of Simcoe in her claim.

A group calling for justice for Brandon had planned a rally on public property at the Innisfil Recreation Complex on Sunday, May 4 at 1:30 p.m., asking police to reopen their investigation into the collision - only to be told that they could make a Town permit and insurance. There are still plans to move forward with the rally.

Photo by Tracy McLaughlin, QMI.



Fest gets Chili reception

Bradford Chillfest, a new downtown Bradford festival proposed by Ribfest creator, Rick Brooks, nearly hit a snag in Council on April 15.

The festival, which will feature an estimated 50 vendors, a KidZone and mini-midway, had initially asked for a road closure of Barrie St. from Holland to Doctor's Lane for a festival that would run from 12 to 8 p.m., June 7. Brooks asked for an extension to 10 p.m., and a reduction in the fee charged for mobile food vendor licences.

The Town charges \$250 for a 1-year food vendor licence. Brooks asked for a \$75 fee for the one-day Chillfest - the amount vendors were charged for the 3 days of Ribfest. But Manager of Enforcement Jon Poyple recommended a fee of \$125. Poyple noted that "the \$75 did not cover the staff time" at Ribfest, to review and process applications, inspect vendors' set-ups, deal with issues, and respect some premises.

Councillor James Leduc supported charging the full \$125, while acknowledging, "The by-law didn't contemplate festivals and special events. We need to review the By-law."

He also opposed Brooks' request to extend the festival to 10 p.m. - and complained that the \$25,000 in sponsorship that Brooks hoped to raise from local businesses would be money "taken out of the community," unavailable to other events, including minor sports.

Councillor Raj Sandhu disagreed. "This is an event that is giving back to the community," he said, supporting the \$75 fee. "It's not even a whole day... I see that it's costing us, but it's giving back to the community."

Mayor Doug White pointed out that the Downtown Revitalization Study recommended more festivals and events in the downtown core - and that a privately-run Chillfest would achieve the economic impact, without the cost to the Town. "The Town is not running it, but the Town benefits."

Council voted 5 to 3 to extend Chillfest to 10 p.m., and to charge vendors \$75 for a 1-day licence.

K-9 Unit tracks suspect

About 5:18 p.m. on April 26, police were contacted by a concerned citizen, southbound on Hwy. 404 near the Hwy. 89 off-ramp, who reported seeing a male assaulting a woman in a vehicle parked on the shoulder.

OPF and South Simcoe Police responded, and found the woman unharmed in her vehicle. However, the involved male had done damage to her car before fleeing southbound on the 400. It was discovered that the male, who was known to the victim, was also wanted on several outstanding arrest warrants.

OPF K-9 and ERT units, and South Simcoe uniformed officers, K-9 Unit and ERT attended to search for the suspect. He was located by the canine team 3 hours later, and arrested without incident. A 37 year old male of No Fixed Address was charged with Domestic Mischief Under Death Threats, and Disobey Court Order, and held for a bail hearing.

First Responders' Day

The Mayor and Council have proclaimed May 1, 2014, as First Responders' Day in the Town of Bradford West Gwillimbury, honouring Police Officers, Firefighters, Military Personnel, Paramedics, Medical Evacuation Pilots, Nurses, Doctors, Dispatchers and others who are responsible for the protection and preservation of life, property, evidence and environment.

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Transit rolls today, in Bradford



Story and photos by Miriam King, Bradford Times
Welcome to BWG Transit! Vikki Valois, right, Branch Manager with Switzer Carty Transportation, and driver Jean Collins welcome visitor to the Open Bus, April 26.

BUS, from Page 1

Library and Leisure Centre, Town Offices, Bradford Valley Long Term Care, and the GO station - from students, to seniors who no longer have a vehicle or licence.

Transit will begin operating on May 1, ushering a month of free rides. Then fares will be \$3 for anyone over the age of 5 - but only \$2 per ride for holders of a reliable easyPASS card.

The only disappointment at the "Open Bus" on April 26: the easyPASS cards weren't available for purchase. The good news, said Finance Director Ian Goodfellow, helping to hand out brochures, is that all rides are free in May - and that the passes should be available by May 20, in plenty of time to take advantage of another "freebie" from the Town: anyone who purchases an easyPASS card and prepays a minimum of \$10, will also ride for free in June and July.

For more information, see www.TownofBWG.com/transit. The easyPASS cards will be available at the BWG Leisure Centre, Town Administration offices at 100 Disette St., and the Treasury Building, 61 Holland St. East.

And on April 26, the new BWG Transit system provided an invitation-only "First Ride." A beaming consultant, Wally Beck joined local MPP Julia Munro, members of Bradford West Gwillimbury Council and senior staff for an "inaugural ride on the bus," around the Leisure Centre.

Top Switzer-Carty executives Jim Switzer, President and CEO, and Dan Maradin, VP of Operations, also came along for the ride. Involvement in the transit system is not only a

"first" for the Town, but for the company, which will be operating the system. Town Communications officer Cathie Cubine noted that about 1000 people stopped by to view the community buses at two Open Bus locations, on April 26. "The overwhelming majority were thrilled."

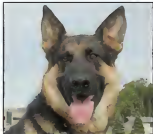


Participating in the "First Ride" on April 28 - from left, Switzer Carty VP of Operations Dan Maradin, President and CEO Jim Switzer, York-Simcoe MPP Julia Munro, and Bradford West Gwillimbury Mayor Doug Wylie. Council members and senior staff also took the historic ride, launching Transit.

BWG Transit is accessible. Not only does the bus have a ramp, at the front doors, there is Priority Seating just behind the driver, designated for use by persons with disabilities. Seats fold up, to allow up to 2 wheelchairs or scooters at a time to be secured, with safety straps and connectors.

Are you a senior or person with a disability who needs a "Support Person" to travel with you? Apply for a Support Person Pass, which allows your helper to travel free. And registered CNIB customers can travel free on their CNIB photo ID card.

PSD Ronin retires



Police Service Dogs usually retire from active service after 5 to 7 years. South Simcoe PSD Ronin has served for 8 years, ever since the German Shepherd was brought to Canada from Europe, and completed his training with handler PC Matt Tomlin. Since 2006, the team has located over 70 people, both suspects and lost persons, and aided in the seizure of thousands of dollars in illicit drugs. Ronin has also been a popular performer at K-9 Unit demonstrations, in Innisfil and BWG. Ronin will now live with Tomlin and family, as a "pet."

Nancy's Nifty Nook

BRADFORD'S ORIGINAL BULK FOOD & HEALTH SUPPLEMENT STORE

MAY IS CELIAC AWARENESS MONTH

Celiac disease is a genetically-based autoimmune disorder in which specific peptides from wheat, rye, barley, malt, triticale, and triticale (collectively called gluten) trigger progressive destruction of the villi of the small intestine. Gluten consumption can result in deficiencies of certain vitamins and minerals.

Celiac disease is now recognized as one of the most common inherited diseases; therefore first and to a lesser extent second-degree relatives are at a higher risk of having undiagnosed celiac disease.

SYMPTOMS

The symptoms of Celiac Disease can occur at any age and the number and severity of symptoms associated with untreated celiac disease vary greatly from person to person. In many cases the disease is silent and is discovered only by blood screening. The presence of diarrhea or constipation does not indicate the diagnosis of celiac disease.

The following symptoms may occur singly or in combination:

- anemia, iron, vitamin B12 deficiency
- deficiency of vitamins A, D, E, K
- abdominal pain, bloating/cramping/pain
- swollen or puffed hands
- menstrual irregularities
- infertility in men and women
- weight loss
- extreme weakness and fatigue
- night sweats
- lactose intolerance
- dermatitis herpetiformis
- elevated liver enzymes
- peripheral neuropathy, numbness, epilepsy with occipital calcifications
- xeroderma
- osteoporosis
- recurrent miscarriages

Screening for Celiac Disease should be considered if there is a family history of celiac disease or if there are symptoms of celiac disease with any of the above diseases. There is a 10-15% chance of having celiac disease if it is in your family

DIAGNOSIS

The combination of the symptoms with those of celiac disease often leads to misdiagnosis such as irritable bowel syndrome, lactose intolerance, chronic fatigue syndrome and diverticulosis, resulting in even further delays. Blood tests-According to Celiac News 2010, the IgA-based tissue transglutaminase antibody (TTG) gives a highly sensitive and specific test and is currently the recommended screening test for celiac disease. Both the IgA and IgG are now considered redundant. False negative results can occur with these tests. (P70) as a highly sensitive and specific test and is currently the recommended screening test for celiac disease.

As intestinal biopsy, while an individual is on a gluten-containing diet, is required to establish the diagnosis.

A GLUTEN-FREE DIET SHOULD NOT BE STARTED BEFORE A BLOOD TEST AND BIOPSY HAVE BEEN COMPLETED, since it can interfere with making an accurate diagnosis.

TREATMENT

The ONLY TREATMENT for celiac disease, including those patients with DH, is a STRICT GLUTEN FREE DIET FOR LIFE. This enables the gut to recover and can reduce the risk of developing many of the complications of untreated celiac disease. The services of a qualified dietician and regular follow-up with a physician are recommended, with the CANADIAN CELIAC ASSOCIATION and their local chapter for reliable practical information and ongoing support: <http://www.celiac.ca>

If you want to really impress Mom this Mother's Day, try this recipe. It is Gluten Free, it is delicious and it is easy to make. A beautiful dessert for a beautiful lady.

PAVLOVA

- from Pileurus, The Complete Book of Baking
- especially created for Russian ballerina Anna Pavlova, this spectacular creation has become Australia's National Dessert.
- an easy dessert to make but everyone will think you spent hours... we aren't!!!!!!

MERINGUE:

- 4 egg whites
- 1/2 cup cream of tartar
- 1 cup white sugar
- 1 tsp. vanilla
- Heat oven to 300F.

Line a large cookie sheet with parchment paper.

Draw 10 inch circle on the paper.

In a large bowl, beat the egg whites and cream of tartar at medium speed until foamy.

Gradually add sugar 1 Tbsp. at a time, beating at high speed until stiff peaks form and sugar is almost dissolved, about 5 minutes. Beat in the vanilla.

Spoon meringue onto the circle on paper-lined cookie sheet. Shape to the 10" circle, building up sides with the back of the spoon.

Bake in 300F oven. Reduce heat to 250F and bake for 50-60 minutes or until firm and dry to the touch. [Inside of the meringue will be soft]. Remove from the oven and COMPLETELY cool on wire rack.

Carefully remove meringue from the paper and place on a flat serving dish. Fill center with whipped cream and orange sliced fruit over whipped cream. A lemon curd mixed in with the whipped cream would be tasty as well.

New school space in Bradford

Planning is well underway for two major changes to Catholic school facilities in Bradford West Gwillimbury, the Simcoe Muskoka Catholic District School Board has announced.

The Ministry of Education has approved a permanent addition to Marie de l'Incarnation Catholic School on Colborne St. that will increase the amount of classroom space and accommodate the full-day Kindergarten Program. Details are currently being finalized, but the expected completion date is in time for the 2016-17 school year.

"This is a high growth area and we have been experiencing a shortage of space in our BWG schools," said Director of Education, Brian Beal. "We are very pleased that the Ministry of Education recognized our needs in this community. The students, staff and families will all greatly benefit from these new additions, so that they can pursue exceptional faith-filled learning."

152 Holland St. E., Bradford 905-775-7874
Hours for May - August Monday - Friday 10:00 - 6:00 Saturday 10:00 - 5:00 Sunday Closed

content

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Interview: Fair Elections act

There have been suggestions, in the media and the Opposition, that the Government's "Fair Elections Act" is "deeply flawed," and anything but fair. I reject that," said House Leader, York-Simcoe MP Peter Van Loan, calling Bill C-23 balanced, and "common sense" - and dismissing complaints that the Conservatives and in particular, Minister for State for Democratic Reform Pierre Poilievre, failed to consult sufficiently with stakeholders and the electorate.

"For the past 3 years, we have gone through a process of having Hearings," Van Loan pointed out, as well as receiving a "broad, broad" range of reports.

As for Poilievre's dismissal of the comments of "so-called experts," Van Loan argued that the real Elections experts are the 38 elected members of the House of Commons. "All the people on both sides of the House are the experts. They are the experts and the stakeholders and the practitioners." Van Loan pointed out that some of the longest debates in Parliament "have been on electoral bills. They have been hugely controversial. You can go through history."

He went back to the Electoral Bill of 1885, under Sir John A. Macdonald, that would have given the vote to both Women and Aboriginal peoples. It took two years to pass - and then, only passed because the government agreed to drop the clause giving Women the vote.

Town Hall on Seniors' Health Care

The Federal York-Simcoe Liberals held a Town Hall session on Health Care for Seniors, April 24 at the Bradford Legion. With Health Care a provincial responsibility, there was a strong provincial presence on the panel, including Ontario Minister responsible for Seniors, Mario Sergio, and moderator Loralee Carruthers, provincial Liberal Candidate in York-Simcoe.

Also speaking were Dr. Jane Philpott, CEO of Family Medicine at Markham-Stouffville Hospital and Federal Liberal candidate in the new Riding of Markham-Stouffville; Christina Bisanz, CEO of the non-profit organization Community & Home Assistance to Seniors (CHATS); and Susan Steele, head of the Geriatric Outreach team at

DELLA WHITLAM, Classified 905-775-4471, ex. 224 della.whitlam@sunmedia.ca

GARY ASSIS, 905-775-4471, ex. 222 gary.assis@sunmedia.ca

Van Loan supported the stricter requirements for voter ID - citing a recent Ipsos Reid poll, released April 24, that found 87% of respondents found it "very" or "somewhat" reasonable to require voters prove their identity and address, and 70% said it would be acceptable to eliminate the process of "vouching."

Even so, Members of Parliament have proposed 275 amendments to the Bill - 45 of them introduced by Minister Poilievre, including agreement not to eliminate vouching, but to require those involved in the process to swear an oath.

As for criticism that the changes would put prosecution of electoral wrong-doing in the hands of the sitting government, rather than Elections Canada, Van Loan insisted that the Bill would actually increase the Independent authority to investigate and prosecute. "The Commissioner of Elections... is being separated from Elections Canada," the MP said, and will report to the Director of Public Prosecutions, comparable to the judiciary. "His independence is being expanded."

As for former Auditor General Sheila Fraser's comment, that Bill C-23 is "an attack on Democracy," Van Loan said he could not explain Ms. Fraser's comments, but noted, "She is on the payroll of Elections Canada, right now." He urged all parties to "focus on what's in the Bill, rather than 'my experts vs. your experts'."

Southlake Regional Health Centre in Newmarket.

Minister Sergio outlined the goals of his Secretariat, established by Premier Kathleen Wynne last year. "People are living longer. They want to be engaged, they want to live better, they want to live healthier," whether at home or in long term care centre, he said.

Currently, there are almost 2 million Ontarians over the age of 65 - but Ontario is facing what Sergio called a "Sustained Immigrant moving our way." By 2016, Ontario will have "more people over the age of 65 than young people under the age of 14."

The goal, he said, is to keep seniors "engaged, active and mobile... to live longer, yes, but live better and healthier," see **Health Page 5**



York Regional Police Volunteer of the Year award was presented to Bradford resident Peter Fudge for his dedication as conductor of the York Regional Police Service's Youth Band, spending many long hours in rehearsals, performances and parades. Fudge is also a volunteer in Minor Hockey, soccer, baseball, and curling - and coach of the Bradford High Boys' curling team that won Antique Bronze (4th) at this year's All-Ontario. From left, YRP Police Services Board Chair Frank Scarpitti presents award to Peter Fudge as Chief Eric Jolliffe looks on, in the April 16 Board meeting.

letters to the editor

Think about Pedestrian safety

To the editor: It is wonderful that the Town has walking paths everywhere, and people are encouraged to get out and get walking. I live in the west end of town, and stores and parks are all within walking and biking distance, which is wonderful.

The question I have is, Will someone finally add a sidewalk to the 100' or so on the plaza road between Home Depot and Zehr's, before someone gets hurt or killed? It's bad enough this time of year, when mothers with strollers have to dodge cars to get to the grocery store, but this past winter there was really only room for one car to get by, and nowhere else for a person to walk. I saw someone with a medical scooter almost run off the road by a car rushing by.

Whether it is the plaza owner or the Town, someone needs to make this happen so we can all walk safely.

Donna Di Lello, Bradford

Kudos to MIMPA

To the editor: I just had to write in a response to the Music in Motion letter! What a fantastic studio! My daughter has been training there for almost 5 years. Her favourite time of the week is being there. She got to participate in the Access Broadway competition mentioned, and came home with many well-deserved medals. Thanks to Jeannette and Lydia Martin for their consistent, dedicated, and encouraging environment, helping all kids to succeed. Being part of this studio has been one of the best decisions we have made for our kids.

Julia Bauman, BWG

Saluting the Dutch community

To the Editor: A large part of the Heritage of the Town of Bradford West Gwillimbury is tied to farming in the Holland Marsh, and the farmers from the Netherlands who came here, bringing their knowledge of how to farm

marsh lands. This set Bradford's reputation as one of the premiere vegetable-growing centres in North America.

May marks the date that the Dutch celebrate the Liberation of Holland by our Canadian forces in 1945. Our Canadian troops, my father included, fought the Nazis from dyke to dyke initially, to liberate the Scheldt estuary from Nazi occupation, free up the port of Antwerp, and ultimately to liberate the whole of the Netherlands. My father told me stories of the flooding, and being cold and wet - earning the Canadian soldiers the name of "water rats". Every town and in Holland has a special date they celebrate, as the day the Canadian soldiers marched into their town.

When I was growing up, I remember my father didn't talk much about his war experiences, but I do remember his talking about how much respect and admiration the Canadians had for the Dutch people who, in the face of incredible hardships including starvation, never abandoned their principles. There are many stories of how Dutch people risked their own lives to protect Jewish people. Every grave of a Canadian soldier in the Netherlands is kept and tended by a school child. When that child graduates, the grave is passed on to a younger student. I have been there, and the graves are immaculate. Every May 5 and on Christmas, flowers are put on each grave.

On May 5 at 2:30 p.m., the Dutch flag will be raised at our Town Hall. It would be a great thing if as many people as are able turned out for this ceremony, to show our appreciation for all of our Canadian soldiers and our respect for those Dutch citizens who endured occupation and who are part of the heritage of our Town.

Ruth Brooks, Bradford Legion

May 5 has been proclaimed Dutch Liberation Day in Bradford West Gwillimbury. The Dutch flag will be raised at 2:30 p.m. at the Courthouse, followed by refreshments at Dutch Treats. All welcome.

Health Care for Seniors Town Hall

HEALTH from Page 4

For Dr. Philpott, the most critical step taken by the Province has been the new emphasis on Primary care - and the introduction of Family Health Teams. In the 1980s, "nobody wanted to be a family doctor. We felt demoralized," she said. Now, not only is the importance of the Family doctor recognized, the family health team has introduced "an absolutely revolutionary" level of care.

"What is not going so great, is that we don't communicate," she told the panel - pointing to the need for better integration of services.

"We can only improve our services if we listen to what clients need and want," said Bisanz, whose agency is funded by the Ministry of Health, through the Central Local Health Integration Network, as well as fundraising. The goal is to provide services "to help seniors to live well, with independence and dignity."

Bisanz said - from home-making and personal support, to meals on wheels, adult day programs and caregiver respite.

Bisanz noted that Seniors are one of the fastest growing demographics in York Region and South Simcoe, and locally, people want to live in their own homes "as long as possible - but the reality is, a lot of the houses we live in are not accessible. We also have a real lack of affordable housing."

Despite the issues, Seniors living in the area have access to a number of programs not available elsewhere. At Southlake Regional Health Care Centre in Newmarket, there is a Seniors-friendly advisory committee that looks at the co-ordination of care; an early mobilization program to ensure that those brought in for treatment get up and out of their beds as soon as possible - "Getting moving is the biggest indicator of how you're going to recover," said Steels - and the hospital has put a number of practices

in place to ensure best outcomes for Seniors, including GEM (Geriatric Emergency Management) nurses in the ER.

Geriatric outreach, medicine clinics, chronic disease management workshops, and other programs have all been introduced with one goal: to help seniors to keep out of the Emergency room, out of hospital, and "stay well in the community."

The cost of Health Care was debated, and the statistic that 10% of patients consume over 80% of health care resources. Minister Sergio noted it can cost \$1000 per day for a hospital stay, \$140 to \$170 per day in Long Term Care, but only \$65 to \$70 a day for in-home care. "It's better for the patient, it's better for the family members, and it's better for the government as well," he said of home care.

Resident Nancy Young questioned whether the money is available to provide the care needed to allow Seniors to age in place. "The government says all these wonderful things, but they're not providing the money to provide the care." She was told a number of programs, that provide support for eligible seniors.

"I don't know about half of these programs," 1 venture 70% of seniors don't know about these," said a resident. "How do people find out?"

Dr. Philpott suggested that the family doctor should be aware - and Minister Sergio presented the "Guide to Programs and Services for Seniors in Ontario," a booklet available at ontario.ca/seniors and constituency offices. The spiral-bound book, printed in 8 languages, provides information on services, contact numbers and email addresses.

Town Hall on the Budget

May 1 is Ontario Budget Day, and Provincial Liberal candidate for York-Simcoe, Loreale Carruthers is planning a Town Hall Meeting on the Budget, Weds., May 7, from 7 to 9 p.m., at St. John's Presbyterian Church, 2940 - 10 St. in Bradford. She will be joined by MPP for Vaughan, Steven Duca, Parliamentary Assistant to the Minister of Finance.

Selection election? On April 26, York Simcoe Provincial NDP candidate Laura Bowman was joined by veteran NDP MP Peter Tabuns (Toronto-Danforth), as she knocked on doors in Bradford. Tabuns has been in the Riding before, to help fight plans for a natural gas peaker plant, in 2008.

Bowman said response on the 26th was positive. "People are really disappointed with the gas plant scandal of the Liberal government, and... people don't trust (PC leader) Hudak. We think that Andrea Horwath is the leader people can trust."

At the Danube Seniors Centre

The Danube Seniors Leisure Centre is located at 715 Simcoe Rd. For information on programs and events, call 905-775-0612.

Coming up:

• **Seniors Health Seminar** for May - On Thursday, May 8, from 11 a.m. to

Bradford Legion

Friday Night Social Time - every Friday at 6 p.m. at the Bradford Branch of the Royal Canadian Legion, 115 Back St. in Bradford. Come out and enjoy dinner prepared and served by the Culinary Arts Students at Bradford District High School, for a nominal fee, then stay for music and fellowship. On the first Friday of the month, May 2, enjoy Karaoke with Bob Serran, starting 8 p.m. All welcome. No cover.

The Annual **Walter Dundas Golf Tournament**, held at Big Cedar Golf Course, takes place Saturday, May 10 - with a 9:30 a.m. shotgun start. Cost is \$70, which includes 18 holes of golf, cart, steak dinner, prizes. Please contact Frank Brooks at 905-775-5025

The Ladies Auxiliary present an evening of entertainment on Saturday, May 24 at 8:30 p.m. - Brett Baker, live! Enjoy a gourmet dinner evening for only \$10, which includes a late "lunch" and door prizes. All welcome!

Shoppers Make-over

Shoppers Drug Mart Stores across Ontario will support the Canadian Breast Cancer Foundation, by holding Instore Spring Make-over Events on Saturday, May 3 from 11 a.m. to 6 p.m. Tickets are \$10 each and can be purchased at the local Shoppers - with \$5 going to CBCF; and \$5 redeemable on any cosmetic purchase.

noon, Seniors are invited to attend a free Health Seminar. Lorrie Reynolds, Deputy Chief of Nursing at Southlake Regional Health Centre, presents "The View from a Patient's Perspective." Lunch will be available following the Seminar, for only \$6 for Danube Centre members, \$7 for non-members. In Concert Terry

Chisholm presents A Tribute to Elton John, Roy Orbison and The Legends of Rock 'N Roll on Saturday, May 10 at the Danube Seniors Leisure Centre. Doors open at 7 p.m., show starts at 7 p.m. Tickets are only \$15 per person, available at the Danube Centre. Refreshments will be served at intermission.

Ask Dr. Michelle....



Holland Street Veterinary Services in the West Park Plaza

What makes a tick "tick"?

Ticks are on the rise in Bradford. In the last two years, I've seen a lot more ticks than in my previous 8 in practice. Already this year, we've seen 2 patients with ticks. Ticks are small 8 legged brown creatures that belong to the same family as spiders and mites. These ticks spend the first part of their life cycle as eggs. They then hatch and as larvae jump onto rodents, small mammals, birds and even humans. The larvae must find a host to attach themselves to, a cat or other mammal. Females burrow their secret-like mouthparts into the host after injecting a numbing substance. She feeds on their blood for up to 2 weeks.

Ticks spread disease. The most widely known tick borne disease is Lyme (borreliosis) which is transmitted by the black legged (deer) tick. In addition, ehrlichiosis, babesia, anaplasmosis, and other diseases can be caused or transmitted by ticks.

Ticks thrive in temperatures 5 to 20C and are most active in cooler, moist weather conditions and are often seen early Spring and late Fall though they can be found year long. They are often found in forests and long grass. The brown dog tick, however, can actually complete its entire life cycle indoors.

How do we minimize spread of disease? If you find a tick on your dog, or on the lookout for humans. You pet and you have frequented an area that harbors ticks. Avoid tall grass and forested areas when possible and keep your property clear of brushland grasses. Check for ticks regularly and remove them promptly. Consult your veterinarian for other helpful tips and information on tick preventatives.

905-775-4787 www.hollandstreetvet.com

Spring Bi-weekly Yard Waste Collections



To determine your yard waste collection week visit simcoe.ca/wastereviewer or consult the waste management calendar.

Place your materials at curbside by 7 a.m. on Monday of your collection week. Collection may not coincide with your garbage day.



Does not apply to residents of Barrie and Orillia

County of Simcoe Customer Service
1-800-263-3199



• Utilize paper yard waste bags, cardboard boxes, open-ended rigid containers or compostable bags.



NDP



Bradford
West
Gwillimbury

TOWN COUNCIL

Members of the public are invited to attend all Council, Committee of the Whole and other Committee meetings. Meeting dates, times, and agendas are available from the Town's website at www.townofbwg.com.

For further information or to request a deputations, please contact the Clerk's Division.

Regular Meetings of Council & Committee of the Whole – Council Chambers, 425 Holland St. W.

• Tues, May 6 @ 7:00 p.m. – BWG Library & Cultural Centre, Zima Room

BOARD/COMMITTEE MEETINGS

Downtown Revitalization Committee

• Tues, May 7 @ 7:00 p.m. – Boardroom, Engineering Services, 305 Barrie St.

Active Transportation Committee

• Thurs, May 15 @ 7:00 p.m. – Boardroom, Library & Cultural Centre, 425 Holland St. W.

PROCLAMATIONS

That his worship Mayor Doug White and Council Proclaim:

May 1 - First Responders Day

May 4 - 10 Emergency Preparedness Week

May 4 - 11 Funeral Professionals Week

May 5 - World Pulmonary Hypertension Day

May 5 - Dutch Liberation Day

A Flag raising will take place on Monday, May 5 at 2:30 p.m.

BWG Court House Courtyard for Dutch Liberation Day.

NOTICE

MAKE A SPLASH!

Have your next birthday party at the
Bradford Lions Aquatics Centre

PACKAGE "1"
\$249
• 1 hour of the Pool
• 1 hour of the Party Room
• Pool Includes: Lifeguard, Pool, Rehabilitation Pool, Water Slides, and 4 lines of the Lap Pool with Aqua Glides
• Medium 30 participants*

PACKAGE "2"
\$320
• 1 hour of the Pool
• 1 hour of the Party Room
• Pool Includes: Lifeguard, Pool, Rehabilitation Pool, Water Slides, and 4 lines of the Lap Pool with Aqua Glides
• Medium 30 participants*

Interested in Booking in Pool Birthday Party?
Applications for Pool Parties are available online at
www.bwglionsaquatics.com or at the Customer Service Desk

Pool Birthday Parties are available Saturdays starting at 3:00pm (see events)



TOWN MANAGER, CLERK'S & ENFORCEMENT
100 DISSETTE ST. UNIT 4 & 7 & 6
PO BOX 180 L3Z 2A7
905-775-5366

ENGINEERING
100 HOLLAND CRT.
PO BOX 419 L3Z 2A9
905-778-2055

FINANCE
61 HOLLAND CRT.
PO BOX 180 L3Z 2A8
905-778-5303

FIRE & EMERGENCY SERVICES
75 MELBOURNE DR.
PO BOX 1226 L3Z 2B5
905-773-7211

LEISURE CENTRE
471 WEST PARK AVE.
L3Z 6J3
905-775-7629

LEISURE SERVICES
126 SIMCOE ST.
PO BOX 251 L3Z 2A8
905-775-5359

PLANNING & DEVELOPMENT
3541 LINE 11
PO BOX 180 L3Z 2A6
905-775-5366

VISIT OUR WEBSITE:
www.townofbwg.com

NOTICES

SPRING ICE RENTALS

Ice time available to rent. Prime and Non-Prime hours
Call (905) 775-2162 Ext. 5202

Mother's Day Craft Workshop

7 - 12 year olds

Wednesday, May 7 6:30 – 8:30 pm

BWG Leisure Centre

Residents \$15.00 Non-Residents \$17.25

Course Code 4145

Join Amanda of Pook Designz to create a polymer clay figurine for Mother's Day.

Register online www.bwgleisurecentre.ca
or at BWG Leisure Centre Customer Service

Building Permit Assistance for Home Owners: Extended Summer Hours Program

Dates

May 7, 14, 21, 28

June 4, 11, 18, 25

July 2, 9, 16, 23, 30

August 6, 13, 20, 27

The Planning and Development Services, Building Division will be offering extended hours of operation on select Wednesdays from May-August. The office will remain open from 4:30 – 7:00 p.m. to process homeowners' applications for:

- ♦ Interior Alterations
- ♦ Porches
- ♦ Pools/Hot Tubs
- ♦ Carports/Garage
- ♦ Additions
- ♦ Accessory Dwelling Units / Basement Apartments
- ♦ Decks

Time

4:30pm - 7:00pm

Location

Planning and Development Office
341 Line 11
Bradford, ON
L3Z 2A8
905-775-5369

When is a building permit required?

Under the Building Code Act a building permit is required for the construction of an addition and/or alteration to a building and/or the construction of a new building and/or structure over 10 square metres (108 square feet) in area. The homeowner is responsible to obtain a building permit.

Permits will be accepted and processed by appointment. For applications that do not require additional approvals (zoning variances, conservation approvals, etc.), we will aim to issue the permit while you wait.

In order to reduce waiting time, we will be serving applications by appointment, however walk-ins are welcome. Appointments can be booked by calling 905-775-5369 ext. 1500, (same day bookings are permitted).

Information Required for a Building Permit Application

- ♦ Completed building application forms/schedule
- ♦ 2 sets of plans/drawings
- ♦ Permit fees

Typical drawing requirements include (depending on project): floor plan, framing plans, foundation plans, cross sections, elevations, and the site plan. The drawings must clearly depict the nature and the extent of the proposed work.



Join us as we
"Walk the Spine"
of BWG!

Saturday May 3, 2014

1000am

Meet at the main
entrance to the
Leisure Centre

www.townofbwg.com



The race starts at the St. John's Anglican Church, 1000am, with registration beginning at 9:00am and 9:00am, 10:00am.

Contact Info: Call 905-775-1322 or
Leisure Services at 905-775-5359 ext. 1502

Visit www.marshmash.org for details.



NOTICES

ROAD CLOSURE

Procession of Lady Fatima – Evening Vigil

TAKE NOTICE that the temporary "rolling" road closure for Saturday, May 10, 2014 from 8:00pm to 9:00pm will take place at the following locations:

Essa Street, from Holy Martyrs of Japan Church to Hurd Street
Hurd Street, from Essa Street to Church Street
Church Street, from Hurd Street to Holy Martyrs of Japan Church

ROAD CLOSURE

For The Procession of Our Lady of Fatima

TAKE NOTICE that the temporary road closure for Sunday, May 11, 2014 from 1:00pm to 2:30pm will take place at the following locations:

Essa Street, from Holy Martyrs of Japan Church to Fox Run Lane,
Fox Run Lane from Essa Street to Northgate Drive,
Northgate Drive from Fox Run Lane to Fletcher Street,
Fletcher Street, from Northgate Drive to Church Street
Church Street, from Fletcher Street to Holy Martyrs of Japan Church.

Town Wide Spring Flushing

Residents are advised that the Town of Bradford West Gwillimbury Water Division will be starting their town wide annual program of flushing water hydrants. Water will be run at every hydrant to ensure a clean and fresh water supply for our municipal water customers.

This program will run from April 14 to May 30, 2014. The flushing will take place during the day from 9:00 am to 4:00 pm, Monday to Friday.

We hope to undertake the work on an area-by-area basis, but as the work may affect adjacent areas, we ask all customers to be patient during this time.

Should you experience discoloured water, please flush your system in the laundry tub and bath room for up to 10 minutes. If the water doesn't clear, please call our office at 905-775-2055 between 8:30 am and 4:30 pm, Monday to Friday.

We thank all residents for their continuing assistance and cooperation.

COMPETITIVE BIDS

RFP #: P-14-48

Engineering Services for Force mains, Gravity Sewers, Water mains and Pumping Stations Along Line 5, Side Road 5, Line 6, County Road 27 And Other Locations

Closing: 2:00:00 pm May 8th, 2014.

Proposal documents may be obtained by registering for this opportunity on-line on the Town's Website at follows:

www.townofbwg.com/twnsr/purch/compbidopp

Inspiring an Entrepreneurial Mindset

Thursday, May 15th, 2014 4:00-6:00pm

Zima Room
 Bradford Public Library
 425 Holland Street West, Bradford, ON L3Z 0J2

~Open to all high school students~

This workshop will provide High School Students with valuable insight into how young entrepreneurs start companies, and probe the unique mind set that often accompanies a successful venture.

SPEAKER - JULIE KING:

Julie is a technology entrepreneur, speaker and author. Passionate about the intersection of technology, design and user experience, Julie draws from a number of fields including the emerging field of neuroscience. She is also a champion of the adoption of "incremental innovation" approach to business to help Canadian companies advance their use of online technologies.

**THERE IS NO COST TO PARTICIPATE!
 FOOD AND REFRESHMENTS WILL BE PROVIDED**

Ready Set Work.
 Program of the Government of Ontario

DEPARTMENT OF LEISURE SERVICES PUBLIC INFORMATION CENTRE EMERALD ASH BORER

The Town of Bradford West Gwillimbury is hosting a Public Information Centre (PIC) on Thursday, May 8, 2014 at 7:00pm at the Bradford and District Memorial Centre Auditorium regarding the Emerald Ash Borer (EAB).

The EAB is an invasive, wood-boring beetle native to Asia that attacks and destroys all species of Ash trees. It first made its appearance in North America in 2002 and has now been positively identified in our area.

In 2010, a municipal Urban Tree Inventory and Assessment was conducted in Bradford and approximately 200 Ash trees were identified. In 2013 Davey Resources Group conducted inspections and sampling to positively identify the EAB larvae in Bradford.

Information will be presented regarding a Town strategy of treatment and replacement of Ash trees located on street boulevards and parklands has been established. Residents will also benefit from this information regarding EAB in terms of potentially dealing with any ash trees that exist on their own private property.

Any questions related to this project may be directed to Mike O'Hare, Manager of Parks & Property at (905) 775-2162 X5201 or mohare@townofbwg.com

MEMBERSHIP HAS IT'S BENEFITS!

BWG Leisure Centre Fitness Membership includes:

- NO Contract
- NO Initiation Fee
- Affordable
- Weight Room
- Cardio Theatre
- Indoor Track
- Group Fitness Classes
- Lane & Leisure Swimming

Drop by or call 905-775- PLAY (7529) for more information



425 Holland St. West
 905-775-3328 X 6100
www.bradfordlibrary.on.ca

ARTREACH

Thursdays from 4 pm to 6 pm starting May 1, 2014

A drop-in art program for young people to be creative and explore various types of art making. Topics will include drawing, painting, mixed media collage & abstract expression. Please register in person at Borrower Services. Fee: \$10/week (includes materials) • Ages 11 to 15
ARTIST/INSTRUCTOR - Ingrid Schierke

Drawing Course

Tuesdays May 6, 13, 20 & 27 from 4 - 6 pm

I can take your child in four classes from stick figure drawing to budding young artist. Students learn to draw a profile, full face and bodies in motion, all with 3D shading. Each student will receive their own sketch pad and drawing tools. Please register in person at Borrower Services. Fee: \$90 (includes materials) • Ages 8 - 11
Artist/instructor - Daniele Enayebok D'LOON WHAT I MADE MCAH

Acoustic Open Mic Night

All ages and levels of musicianship welcome!

Thursday, May 8 from 7 to 9 pm

Zima Room

Hey musicians, singers and lovers of live music come join us for this free event. Sign up starts at 7:00pm - Take to the stage 7:15pm. Bring a tune or two to share or just come and enjoy the sounds. Munchies and caffeine free liquids to consume and enjoy.

TOWN MANAGER, CLERK & ENFORCEMENT
 100 DISSETTE ST. UNIT 4, 7 & 8
 PO BOX 100 L3Z 2A7
 905.775.5266

ENGINEERING
 100 HOLLAND CRT.
 PO BOX 419 L3Z 2A8
 905.776.2558

FINANCE
 61 HOLLAND ST. E.
 PO BOX 360 L3Z 2A8
 905.775.5300

FIRE & EMERGENCY SERVICES
 75 MELBOURNE DR.
 PO BOX 1226 L3Z 2B6
 905.775.7311

LEISURE CENTRE
 471 WEST PARK AVE.
 L3Z 8J5
 905-775-PLA1(7529)

LEISURE SERVICES
 725 SIMCOE ST.
 PO BOX 261 L3Z 2A8
 905-775-5300

PLANNING & DEVELOPMENT
 3541 LINE 11
 PO BOX 160 L3Z 2A8
 905-775-5389

VISIT OUR WEBSITE:
www.townofbwg.com



BWG Transit service begins TODAY!

Service is FREE in May - come take a ride!



BWG Transit offers transit bus service along two routes from 9 a.m. to 5 p.m. Monday to Friday.

Cash fare:

all riders age 5 and up	\$3.00
children under 5	FREE

easyPASS users:

all riders age 5 and up	\$2.00
children under 5	FREE

easyPASS reloadable fare cards go on sale May 20 at the BWG Leisure Centre, Administration Office and Finance Office. Purchase a card for \$2 and load any whole-dollar amount from \$10-80. No expiry!

Where will BWG Transit grow from here?

Join the conversation at:

[facebook.com/betterwaytogo](https://www.facebook.com/betterwaytogo)

and

twitter.com/TownofBWG



**GET YOUR easyPASS AND RIDE
FREE IN JUNE & JULY!**

For details including schedules and maps visit: TownofBWG.com/transit or call: 905-775-7770

Need a ride to the GO station?

Leave the car at home and take Taxi-to-GO!

BWG Transit



**TOWN
AXI**
905-775-5656

Getting to the Bradford GO Station in the morning and home again at night couldn't be easier:

1. Call Tawn Taxi by 8 p.m. the day before to book your ride between any BWG Transit stop and the GO Station.
2. Provide your bus or train time (service available for departures between 5:50 and 7:55 a.m. and arrivals between 5:20 and 7:20 p.m.). Come here often? Pre-book up to a week's rides at a time!
3. A taxi bearing the BWG Transit logo will pick you up at the stop or station at the pre-determined time.
4. Pay your driver the low fare of \$3 per person per ride (cash only), or provide a valid PRESTO card and pay just \$0.50 cash per person per ride!

To book Taxi-to-GO starting May 1 call Town Taxi at 905-775-5656

info: TownofBWG.com/transit

TOWN MANAGER, CLERK & ENFORCEMENT
100 DISSETTE ST. UNIT 4, 7 & 8
PO BOX 100 L3Z 2A7
905-775-5306

ENGINEERING
100 HOLLAND CRT.
PO BOX 419 L3Z 2A8
905-775-5055

FINANCE
81 HOLLAND ST. E.
PO BOX 180 L3Z 2A8
905-775-5303

FIRE & EMERGENCY SERVICES
75 MELBOURNE DR.
PO BOX 1228 L3Z 2B5
905-775-7311

LEISURE CENTRE
471 WEST PARK AVE.
L3Z 6J3
905-775-7529

LEISURE SERVICES
125 SIMCOE ST.
PO BOX 251 L3Z 2A8
905-775-5359

PLANNING & DEVELOPMENT
3541 LINE 17
PO BOX 100 L3Z 2A8
905-775-5309

VISIT OUR WEBSITE:
www.townofbwg.com

Notice of Transit Stop Construction

The purpose of this letter is to advise you of the construction of transit stops on your street in preparation for the launch of Bradford West Gwillimbury's new Transit System.

Background

In October 2012 Council approved the implementation of transit to serve the needs of the community. Public meetings were held on June 21, 2012 and August 17, 2012 to review the routes and March 11, 2013 Council approved the routes. Subsequently, stop locations have been identified to access neighbourhoods, schools and commercial areas. The transit system will begin operating on May 1, 2014. The construction of the stops is currently underway.

FAQ'S

What kind of buses will be used?

Transit service will be provided by two low floor (no step) community buses. The buses are similar to the size used by hotels and parking lots at airports (e.g. the Park N Fly shut-tle) and a sample is shown. They are 26 feet long, seat approximately 19 people, can accommodate two wheelchairs and are equipped with ramps for accessibility.



How were stop locations selected?

Careful consideration was given to the stop locations taking into account safety, proper spacing, distance to adjacent uses, physical space and visibility. Every effort has been made to minimize the impact of the stop location for residents and businesses. Generally, stop locations have been chosen on side lots or near intersections. The stop locations are shown on the back of this page.



What work is required to build the stops?

The stop involves the construction of a hard surface that will connect the curb to the sidewalk and a post and sign to identify the bus stop. The construction will involve digging up a small section of the boulevard, placement of gravel and paving with concrete. All of these stops will be located on the Town's property. On local residential roads, the pad will be approximately 2m X 3m and will have a concrete surface. On Holland street, where more use is expected, they will be 3m X 6.5 m.

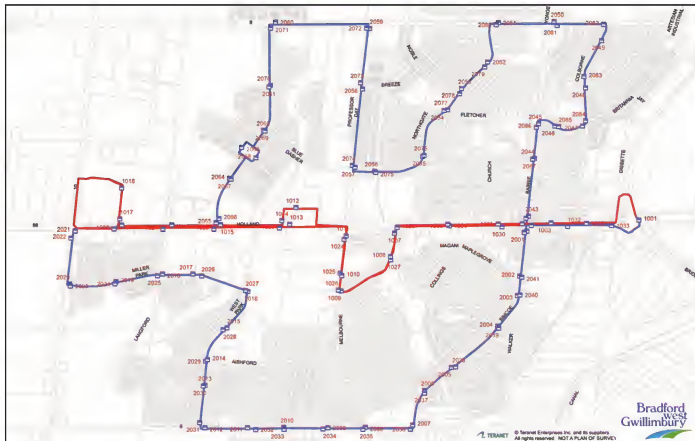
Schedule and Fees

For detailed schedules, fees and more, visit
www.townofbwg.com/transit

For more Information Contact: Administration Office:

Hours: 8:30 am - 4:30 pm Phone 905-775-5366 or e-mail
Caleigh Clubine - cclubine@townofbwg.com

TRANSIT ROUTE



HEALTH & WELLNESS

Healthy Living Fairs

The Town of Innisfil hosts its first **Healthy Living Show**, this Saturday, May 3 from 9 a.m. to 2 p.m. at the Innisfil Town Hall, 2101 Innisfil Beach Rd. - an opportunity to connect with local health service providers.

Admission is free. The Show will feature over 30 interactive displays on everything from mental health to chiropractic and home healthcare, as well as presentations on topics that include "Getting to Know Alzheimer's," Warning signs and Services that can Help" at 10:30 a.m.; and "Taking the Guesswork out of Parenting," at noon.

Simply for Life is hosting a **Health & Wellness Vendor's Fair** on Thursday, May 1 at the Bradford Public Library, 425 Holland St. West. The event begins at 6 p.m., including the Fair, free Healthy Food samples, and amazing door prizes. Hear Nutrition Expert and Lifestyle Guru Bruce Sweeney at 7 p.m., and enjoy a Meet & Greet, at 8 p.m.

Tickets are only \$5, available at the Simply for Life, 157 Holland St. East, Unit 4. All proceeds will be donated to the Helping Hand Food Bank. For more information, call 905-778-9998 or email info.bradford@simplyforlife.com

Mammoth on at Southlake!

Only 61% of women are being screened for breast cancer, according to Cancer Care Ontario. Yet breast cancer is the most common cancer in women, affecting 1 in 9.

To encourage women between the ages of 50 and 74 to get screened, the Central Regional Cancer Screening Program and Southlake Regional Health Centre will be holding a "Mammoth" - a one-day mammogram marathon, from 8 a.m. to 7 p.m. on May 7th.

Eligible women are invited to pre-book a screening appointment through Southlake's Ontario for Breast Screening Program, at 905-895-4521 ext. 6228. To be eligible, women must be between the ages of 50 and 74, and either never had a mammogram or not been screened in more than two years, have no personal history of breast cancer, and no breast implants.

There will be "swag bags" for the first 50 people to sign up, as well as food, prizes and mini-neck massages courtesy of Southlake's Registered Massage Therapists. Representatives of the Canadian Cancer Society will also be on site to answer questions.

Sock Drive at Comfort Stride

May is Foot Health Awareness Month in Canada and around the world, and Comfort Stride Foot Clinic - located at the South Simcoe Medical Centre at 239 Holland St. West - is hosting a Sock Drive.

Patients and the general public are being asked to donate socks, which will be delivered to the Blue Door Shelter just south of Bradford, and to shelters in Toronto. Comfort Stride Foot Clinic will be collecting the donations on Mondays, Wednesdays and Fridays during May - and will have socks at the Clinic that can be purchased and donated. The first 100 people to donate a minimum of \$10 worth of socks will receive a free pedometer! Contact comfortstride@gmail.com

Cut-athon at Mary & Vita's



Mary Ingolia launched the Cut-athon 14 years ago, as a way to honour the memory of her daughter Vita, and grand-daughter Stephanie. Little Stephanie had been born profoundly deaf, but received a cochlear implant at the Toronto Hospital. Not a hearing aid, an implant is an electronic device that does not amplify sound, but bypasses the ear to directly stimulate the auditory nerve - creating a sensation that the recipient learns to interpret as sound, and that can lead to better language development and communications.

Mary called it "The gift of hearing."

Cochlear implants have come a long way since those early days. Then, the implants were large, crude, and involved invasive surgery that, initially, was not covered under OHIP. Now, state-of-the-art implants are lighter and more sophisticated, and the Hospital for Sick Children is a leader in the field, performing bilateral implants using minimally-invasive techniques.

Drop by on May 4, at Mary & Vita's Hair Salon, 118 Holland St. East to learn more.

Don't forget to buy a ticket for the Vita & Stephanie Cut-athon's Appreciation Raffle. First prize is a 32 Gigabyte Apple iPad; 2nd prize, a stay at Pawley's Island, South Carolina; and 3rd prize, a \$300 prepaid VISA card.

For more information, or to make a donation, call 905-775-8775.

On May 4, Mary & Vita's Hair Design will be opening their doors for the 14th annual Vita & Stephanie Cut-athon, for the Cochlear Implant Unit at the Hospital for Sick Children. From 10 a.m. to 5 p.m., residents are invited to drop by and get a haircut for a donation, and enjoy the BBQ, Bake Sale and other fundraisers planned, with all of the proceeds going to Sick Kids' Cochlear Implant Unit.

World Pulmonary Hypertension Day

May 5 is World Pulmonary Hypertension Day, a day of awareness of the rare, potentially fatal lung disease. In PH, the arteries of the lungs become scarred and stiff, resulting in high blood pressure that can put stress on the heart, reduce the amount of oxygen reaching the body, and produce symptoms that include blue hands, feet and lips; lightheadedness, especially when climbing stairs or suddenly standing up; shortness of breath and inability to breathe; edema or swelling of ankles, legs and abdomen; and syncope, or fainting.

The sooner treatment begins, the better the outcome - but it may take years for a diagnosis. Unfortunately, the symptoms are vague, and often misdiagnosed.

Ruth Dolan, a local champion of Pulmonary Hypertension awareness, was in Bradford West Gwillimbury Council on April 15, to build support for World Pulmonary Hypertension Day.

She handed out a package of material, and asked Councilors to wear a purple bracelet, sign their names and a message of hope on blue paper bands - and to try breathing through a straw, while holding their noses, "to get some real appreciation" of the struggle to breathe that PH sufferers experience every day.

Dolan has personal knowledge of the impact: her daughter Emily was diagnosed with PH at the age of 27 - "a very long gap" between the onset of symptoms, and the diagnosis.

Like many with PH, Emily was initially diagnosed with asthma. "The patients and the doctors don't recognize the symptoms," Dolan said. When doctors finally determined Emily had PH, the family was told she had a year and a half to live.

"It is terrifying to watch your child unable to breathe. At that time, there was no medication," Dolan told Council - just the "treatment of last resort," a lung transplant.

But there have been advances. There are now nine treatments available, including a form of Viagra that helps dilate the arteries in the lungs - although the drugs tend to be "extremely costly," and must be changed as the disease progresses. Emily's PH is currently controlled, through treatment.

"What can you do to help? Sign the hand, listen - Be aware," Dolan said. Council has proclaimed May 5 as World Pulmonary Hypertension Day in the Town of Bradford West Gwillimbury.

For more information, contact the Pulmonary Hypertension Association of Canada, which offers advocacy, education and support for Canadians living with PH. See www.PHtoronto.ca or call 1-877-7-PTA-CANADA.

Photo: BWS Councilor Del Crake tries breathing through a straw in the April 15 meeting of Council, following Ruth Dolan's presentation. Photo & story by Miriam King.



Comfort Stride Foot Clinic

Do you have pain in your?

- Heels? • Arches?
- Ankles? • Knees?

Have Skin Problems like

- Warts?
- Corns/Calluses?



NEW
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CLINIC!
SAME GREAT
LOCATION!



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Lions Day of Service, in BWG

SERVICE, from Page 1
families, their children and friends. Their energy was fantastic!"

Lions Clubs International is the world's largest service club organization with over 1.3 million members in approximately 45,000 clubs, in more than 200 countries and geographic areas around the world. Founded in 1917, Lions Clubs aid the blind and visually impaired, serve youth and make a strong commitment to community service. For more information about Lions Clubs International, see www.lionsclubs.org to get

involved in the Bond Head Lions Club, call John at 905-778-1021.

In Bradford, the Bradford & District Lions sponsored an afternoon of free swimming, April 26, for Elementary School children, at the new Bradford Lions Aquatic Centre, located in the BWG Leisure Centre.

The Bradford Lions, who celebrate 77 years of community service in 2014, meet on the 1st and 3rd Monday of each Month at 6:30 p.m., at the Lions Activity Centre, 226 Colborne St. For information or to get involved, call 905-775-9170 or visit facebook.com/BradfordLions



Bradford Lions, from left, Bill Bargent, Gavin McLean, Jamie Jones, mascot Brad F. Lion, Deb Hrynuk and James Leduc, April 26.

Zumba Party for Autism!

Zumba is high energy. Zumba is fun. And a Zumba Party, April 26 at Bradford Alliance Church, proved to be a great fundraiser for Kerry's Place Autism Services.

Kerry's Place was one of the first agencies in Ontario to provide ABA - Applied Behaviour Analysis - therapy for children diagnosed with Autism Spectrum Disorder.

Autism is a neurological disorder that can create difficulties in communication, learning and socialization; in 1974, a group of parents of autistic children, "very discouraged by the prognosis from professionals," stepped in to provide alternatives.

"We're celebrating our 40th Anniversary this year," said Dixie Howie, of Intake Services at Kerry's Place. "It's these kind of fundraisers that really help Kerry's Place improve the quality of life for people on the Autism Disorder spectrum."

Kerry's Place currently provides services for approximately

7,000 people with Autism, of all ages, and their families. The funds raised, Howie said, will be used to build capacity, improve consultation, and support education and social skills groups.

The Zumba for Autism Party was the brainchild of Nicole Kim, mother of a child with ASD,

and Cathy McLean, the "Zumba Lady" of Zumba in da House. There were crafts for children, an hour-long Zumba session of exercise through dance, and

fundraising raffles and draws.

"It's just for fun. It's all about smiling and having a wonderful time," said McLean - and supporting an important resource for families of ASD children.

"Thank you all for participating and making this such a success. This is a journey... This is awesome, and thank you for doing this," Howie said. "You're really making a difference."



M & M Meat Shops Charity BBQ Day for Crohn's & Colitis Foundation

May 10 is not only the day before Mother's Day - it's the date of M & M Meat Shops' Charity BBQ Day to benefit the Crohn's and Colitis Foundation of Canada, and help find a cure for Irritable Bowel Disease.

From 10 a.m. to 4 p.m. on May 10, visit any of the more than 400 M & M Meat Shops across Canada, and help the franchisees reach their goal of raising \$1 million in 1 day for the CCFC. Purchase a hamburger or hot dog, drink and bag of chips for a minimum donation of \$3, with all donations going to fund medical research into Crohn's Disease and ulcerative colitis.

Canada has one of the highest rates of Crohn's and Colitis in the world; 1 in 150 Canadians are believed to suffer from the diseases. Over the past 30 years, M & M Meat Shops have raised over \$24 million

for medical research into Crohn's and colitis - not only through the Charity BBQ, but other fundraisers. Until May 11, purchase and sign a paper Penguin at any M & M Meat Shops location. For a \$2 donation, receive 1 Penguin and a ballot to win a \$500 M & M Meat Shops gift card.

For a \$3 donation, receive a Penguin,

a Blossom Pastry, and two ballots for the gift card draw - and for \$5, receive a Penguin, coupon book with more than \$50 in savings on M & M Meat Shops products, and 3 ballots on the May 15 prize draw.

For more information, see www.mmeatshops.com and www.crohnsandcolitis.ca

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Mother's Day!

Lakeside Retirement home, 985 Innisfil Beach Road in Alcona, Innisfil, is hosting a Mother's Day Fashion Show on Friday, May 9 from 2:30 to 4 p.m. Free Refreshments. For information and to RSVP, contact 705-431-8105.

The Elman W. Campbell Museum in Newmarket, located at 134 Main St. South, hosts an Old Fashioned Mother's Day Victorian Tea on Saturday, May 10. Enjoy a variety of teas, old-fashioned sandwiches and sweets, all served on vintage china by the Friends of the Museum. Wear a favourite hat - or borrow one from the Museum's collection!

Cost is \$10 per person, and tickets must be purchased in advance, at the Museum. There will be two sittings, 1 to 2 p.m., and 2:30 to 3:30 p.m. Call 905-953-5314.

Mother's Day Spring Tea at Trinity Anglican Church, Church & James Sts. in Bradford - Saturday, May 10 from 11 a.m. to 2 p.m. Cost is \$12; only \$6 for children 10 & under. For tickets call Linda Clark 905-775-4316, or Sheri MacPhail, 905-775-3134. Includes a Silent Auction and Bake Sale.

see MOM Page 17

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Focus on Business

Town & Country Living

The Bradford Board of Trade held its second annual Town & Country Living Show at the Bradford & District Memorial Community Centre, April 26.

More than a 1-day home show, it also provided an opportunity to meet the local MP and MPP, win prizes, and check out services and organizations available in Bradford West Gwillimbury, from Leisure programs, to the Legion, BradfordWORKS employment services, and BWG Local History Association.

There were dozens of crafters and artists who had booths at the Show, including The Bradford Arts Guild, representing a broad range of local artists and artisans. Upstairs, individual artists like carver Carin Bacher showcased their works.

There was information on lifestyle options, healthy living, a display by the local Holland Marsh Growers Association that included free bags of "Holland Marsh Gold" carrots, information on Wishing Well farm animal sanctuary, and on the Dreamwinds Equine Assisted Learning Centre.

The show focused on business excellence and innovation, offering unique options for visitors - to get a jump on the gardening season.

There was one complaint, heard from both visitors and exhibitors: the arena, even though the ice has been "out" since 2012, was extremely cold.

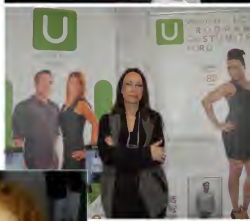
"That building's not insulated at all," explained Director of Leisure Services Tom Graham - and what heating there is, in the arena, is "spectator" heating activated when people sit in the bleachers. He blamed the lengthy winter and cool Spring for the big chill indoors, and noted that the Bradford Board of Trade had delayed the Town & Country Living Show by two weeks, hoping for warmer conditions.

Graham pointed out that organizers of the recent Muck Vegetable Growers conference, trade and equipment show, held in March, actually brought in their own heaters.

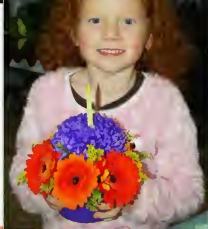
But there could be relief on the horizon, if Council decides to maintain the old Bradford Community Centre as an events venue. "The future of this building and this site is something that will be looked at in the next term of office," the Director of Leisure Services said, including any improvements and upgrades needed. "For now, we're just sort of going with what we've got."

Business After Hours Networking

The Bradford Board of Trade announces a networking Business After Hours event on Wednesday, May 7 in the Zima Room of the Bradford Public Library, 425 Holland St. West, from 5:30 p.m. to 7:30 p.m. The evening is hosted by BNI Business Elite. Attendance is free, but please pre-register at www.bradfordboardoftrade.com



Clockwise, from above: Ad-Dictive Design's Tony Gutt, Luisa Perlez and Mike Gutt; colors of Spring with Julia Swaisland of U at Home; Gold Sponsor Tina Sibbald of Royal LePage Your Community Realty; Laura Bradford of U Weight Loss Clinic offers lifestyle choices; Genesis Gymnastics' Donna Katz; from left, Judy Kelly, Linda Armour and Cheryl Kelly-Guest get into the cruise spirit for Cruise Holidays; Kathy Kirschner and Craig Bone of Royal LePage At Your Service. Centre: Martha, 5, with a flower "cupcake" for The Flower Merchant.



Not just business: The Town & Country Living Show also showcased not-for-profit organizations like Wishing Well Sanctuary for Farm animals. Here, from left, Lesley and Corey Burt and Brenda Bronfman provide info about the Sanctuary, and the upcoming workshop on Compassion Fatigue, May 3. See www.wishingwellsanctuary.org

A great combo: Mr. Sub and CountryStyle!



It's the perfect "combo" - Mr. Sub's made-fresh submarine sandwiches, and the hot, fresh coffee, bagels and baked treats of CountryStyle.

"They had a great concept! That's why I wanted to get into it," says Tony Santilli, the new owner of the combined CountryStyle and Mr. Sub, located at the corner of Melbourne Drive and Holland St. West in Bradford.

The former CountryStyle restaurant had been closed for almost 1 year.

After a complete renovation and restyling, the Mr. Sub-CountryStyle held its official Grand Opening on Saturday, April 26. The restaurant served up complementary small coffees, sandwiches and treats to

a crowd that included long-time customers, new guests, Santilli's family, and representatives of local Council, Mayor Doug White, Deputy Mayor Rob Keffer and Councillor Carl Hardy.

Mayor White acknowledged Santilli's investment, of "his time, and his effort and his money" in the double-branded restaurant. "None of this can happen without the support of family," White said. "The long hours you put in couldn't be done without the strong support of family."

He then donned gloves, and whipped up an Assorted Sub, under the watchful eye of "Mr. Sub."

Mr. Sub - CountryStyle is open seven days a week, from 5 a.m. until



Left, cutting the ribbon with family, friends and Council members.

Above, Mr. Sub owner Tony Santilli, left, watches as Mayor White makes an Assorted Sub sandwich.

11 p.m. on Monday to Saturday, and until 10 p.m. on Sunday. "for now," said Santilli. The restaurant plans to focus on freshness and customer service, and could alter its hours, if the demand is there.

"We just have to build it back!"

Time to get McHappy

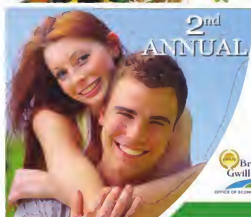
McDonald's Restaurants are gearing up for the happiest day of the year - including McDonald's in Bradford, at 468 Holland St. West.

McHappy Day takes place on Wednesday, May 7. All day long, \$1 from the sale of every Big Mac, Happy Meal and hot McCafe Beverage will be donated to Ronald McDonald House (which provides affordable shelter for families accompanying seriously ill children to hospital for treatment), and local children's charities. In Bradford, the charity of choice this year is Scouting! Come out, be served by a "celebrity server", and get McHappy.



Bradford Jewellery & Gems (Peter Dyke Jewellery) is celebrating a milestone on Saturday, May 3 - 30 years in business - with sales, giveaways and a ribbon-cutting at 2 p.m., at 5 Holland St. East.

Above, owner Peter Dyke Jr. at the Town & Country Living Show, with (from right) Allie, Paula and Adriana.



town & country LIVING SHOW

THANK YOU!

To all of our sponsors, especially the Town Of Bradford West Gwillimbury, for your support for this event.

To all of our hardworking volunteers, BBT member vendors and the vendors who put together some great looking booths.

To everyone from the community who came out and had a great time, thank you!

Next year it is going to be bigger and better and we can't wait to do it again!



Rocks Home Decor offers quality and selection



Bernadette and Joseph Nassar have been selling furniture, mainly antiques, for years. "Our experience with furniture, that's our business," said Joseph.

Now, recognizing the growing community, the wide range of preferred styles and budgets, they have expanded into new furniture - and on April 27, held the official Grand Opening of Rocks Home Decor & Furniture, at 121 Bridge St. in Bradford.

It's a warehouse-style setting, filled with new furnishings and decorator items from Canada, the U.S. and Mexico. "Unique pieces," said Bernadette. "We're trying to get something different. We've tried our best to bring the best in the market. We just bring whatever we think people will like."

With giftware starting at only \$3.99, and

furniture ranging from living room suites in leather, to bedroom suites, bunkbeds, statement pieces, home décor items and even the occasional antique, the selection is enormous - and the prices are reasonable. "Bernadette and her team deserve a lot of credit for putting together something that will provide choice," said York-Simcoe MPP Julia Munro, on hand for the ribbon-cutting. "It's a large store. This is going to be the 'go to' place. It certainly looks like all the right ingredients."

Bradford West Gwillimbury Mayor Doug White congratulated the Nassars on their new venture, and "what you're doing for Bradford" - expanding selection for shoppers, and meeting the challenge of growth.

"Bradford continues to grow. We have new

families moving here, every day," he noted.

He also recognized the importance of family support, in a family business - welcoming the many family members present at the Official Opening.

"Thank you, for all the nice people in Bradford. I look at them as friends," said Bernadette, adding that many of her customers just drop in to say "hi... People like to stay here in Bradford because they like what they're seeing in Bradford."

Rocks Home Decor & Furniture, 121 Bridge St., is open 7 days a week, because "it's a lot more convenient for some people to shop on the weekends," said Bernadette. The store can be reached at 905-551-8100.

Look for opening specials, of up to 50% off retail on some items.



Top, Ribbon cutting. Left, Mayor Doug White cuts cake with Bernadette Nassar, MPP Julia Munro, Carl Hordyk and Joseph Nassar at Grand Opening of Rocks.

Mom 2 Mom Spring Sale

The Bradford Mom2Mom Spring Sale takes place Saturday, May 3 at a brand-new venue - the Zima Room of the Bradford Public Library, at 425 Holland St. West, from 10:30 a.m. to 2:30 p.m. This is a great opportunity to find gently-used kids' clothes, books, toys and more, at bargain prices. For information see www.bradfordmom2mom.com.

For Mother's Day

The Friends of the Infill Public Library Plant & Bake Sale at the Cookstown Branch of the library, May 10, from 8:30 a.m. to 2 p.m. Wanted: Donations of potted perennials, to sell. To donate plants, contact Susan Bates at 705-458-1273. There will also be a sale of tickets, for Home Baked pies. Buy your pie on May 10, and pick up the frozen pie on June 14.

Gardeners' Tea Party - Afternoon Tea and 1920s Fashion Show at the Temperance Hall in Sharon, Saturday, May 10 from 2 to 4 p.m. Celebrating the 50th Anniversary of the Mount Albert Garden & Horticulture Society! \$35 per person; contact Ellen at 905-473-1322 to RSVP.

Kortright Centre for Conservation, 9550 Pine Valley Drive in Vaughan, hosts a **Mother's Day Buffet Brunch and Nature Walk** on Sunday, May 11, 11:30 a.m. \$49.95 plus HST for adults, \$34.95 (plus HST) for children ages 5 to 11. RSVP to 416-667-6295.

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Welcome to Momstown

Nicole Marinucci had good reason for starting a chapter of Momstown.

The nearest chapter was in Newmarket, in York Region - not close enough for the Bradford resident to be able to take full advantage of the resources and social connections that are part of the Momstown brand.

So she started Bradford-New Tecumseh Momstown, launching the venture with a Community Celebration, April 27 at Bradford District High School.

Momstown is a marketing company, but also much more than that, Marinucci says. "It connects moms to each other, to the resources in the community, and to the business ones."

For an annual fee, Moms can take advantage of Momstown discounts, and up to 20 ECE-designed programs each month, for children ages 0 to 6 - including "unlimited learning and adventures" in art, literacy, play, fitness, nutrition, music, science and discovery, prenatal education, even "Mom's Night Out."

It's the social aspect that most attracted Marinucci. "I was one of those Moms who did everything - swimming, soccer with the kids - but then I went home, and I was alone," she says, pointing to the statistics: about 80% of new

mothers report experiencing feelings of isolation and "the baby blues," a step on the way to postpartum depression.

"We want to get rid of that," she says, by getting Moms and their families involved and participating in programs. And for new residents - the many young families moving to Bradford - it

can be a great introduction to the businesses, resources and facilities available in Town.

"It's really about bringing Moms together."

There were plenty of Moms, Kids and even Dads at the Community Celebration, which featured a bouncy castle, Little People Play area, Cinderella face-painting, crafts and booths of businesses like Progress Child Care Centre, Bradford Family

Dentistry, Friends of Scanlon Creek, Doterra, Kidergy indoor playground, and Ananda Yoga.

Top Photo: Sydney, 4 and a half, has her face painted by Cinderella, Apr. 27. Left, Ty, 10, mom Heather, and Nicole Marinucci at Momstown Celebration.

See bradford-newtecumsth.momstown.ca



Sunday, May 11, 2014 from 9:30am to 1:30pm

Mother's Day Brunch

Enjoy our gourmet buffet brunch featuring:

- A hearty selection of breakfast favourites
- Made to order omelettes & Belgian waffles
- Assorted market fresh salads
- Delectable carving station
- An exceptional selection of hot items
- Freshly baked cakes, pastries & pies

Adults: \$29.95

Children 9-14: \$18.95 4-8: \$12.95



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Just in time for Mother's Day!

MOTHER from Page 11

Marquee Mother's Day Mad Hatter's Tea Party at Pathways to Perennials, May 10 at 11 a.m., in the private gardens of Hidcote Hideaway. Includes a Chef-prepared luncheon, flowers, fairies, prizes, and a special guest from Intentions Yoga. Wear your best Mad Hatter's hat, dress up in purple, and bring your mother, aunt, sister, best friend, etc. Tickets are \$35 per person. RSVP to 905-936-8680 or see www.pathwaystoperennials.com

Bond Head & District Horticultural Society's annual Mother's Day Plant & Bake Sale at the Bond Head Community Hall, on County Rd.

27 - Saturday, May 10 from 9 a.m. to noon. Members will be bringing in perennials, house plants, herbs, tubers, bulbs, small shrubs, trees - even garden ornaments. Inside, homemade pies, cakes, cookies and squares will be available.

The Gilford & District Horticultural Society is hosting a **Spring Flower Show and Tea** on Saturday, May 10 at the Churchill Community Centre in Churchill, Innisfil. Members bring in their spring blooms between 9:30 and 11 a.m., judging begins at 11 a.m. sharp - and the Centre is open to the public, for viewing and a \$5 tea, from noon to 1 p.m. All welcome.

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8am-12:30pm

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is hosted by the Township of King.

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For more information or to purchase a table please
contact jbelli@king.ca or 905-833-5321 ext. 5223

community listings

MEETINGS

SOUL SURVIVORS: A Cancer Support Community meets the 1st Weds. of the month at Trinity Anglican Church, 730

p.m. For cancer survivors and those currently experiencing cancer - a support group in a spiritual context, followed by a short contemplative service of healing. Contact Fr. Dan Graves, 905-775-2200.

PLACES OF WORSHIP

Springdale Christian Reformed Church

1468 Sideview st., Bradford,
905-775-3731
Sundays 10:00 a.m., 5:00 p.m.
Sunday School & Nursery
Pastor Paul VanStrien
www.springdale.net

Newton Robinson United Church

Hwy 27 & Gore, 10 Tecumseh,
Service 8:00 a.m.

Bond Head United Church

Hwy 66 east of Hwy 27,
Service 11 a.m.
Sunday School & Nursery Available

Trinity Anglican Church

62 Church St., Bradford
(Corner of Church & James St.)
Sunday Services 9am & 10:30am
Sunday School, 10:30am
905-775-2200
trinityanglicanchurch@rogers.com

St. John's Presbyterian

2540 - 10th St.
(8th Line & Midwestern SR)
905-775-7474
Sunday School 11:00 a.m.
Sunday School and Nursery provided.
ajohnspresby@rogers.com

Bradford Alliance Church

758 Simcoe Road, Bradford
1st Sunday Service
Mid Week Home Groups
Monthly Men's Breakfast
905-775-0068
www.bradfordalliance.ca

St. Michael's Ukrainian Orthodox Church

721 Simcoe Rd., Bradford
Bilingual Services
Liturgy Sunday & Feast
Days 10:00 am
Phone 905-715-0105

Holland Marsh Christian Reformed Church

18925 Lakeshore Rd., R.R. #2, Newmarket
Sundays 10:00 am & 6:00 pm
Sunday School & Nursery with service
Mid-week youth & adult programs
Rev. Richard Bodie
905-775-7291
ehollandmarsh@rogers.com

Holy Trinity Lutheran Church

53 Miller Park Ave., Bradford
905-775-9412
Sunday Service:
10:00 a.m.

Holy Martyrs of Japan Catholic Church

167 Essa St. Bradford 905-775-2065
Sundays 8:00 a.m., 8:30 a.m., 10 a.m.,
11:30 a.m., 6:30 p.m.
Catechisms
1/2 hour before Sunday mass.

Bradford United Church

66 Barrie St.,
905-775-7268
Service 10 a.m.
Sunday School & Nursery
Available
www.bradfordunited.com

St. Paul's Anglican Church

400 Glen St. H.
(NW corner of County Rd.
& 4th Line)
Sunday Service at 10:00 am.
Sunday School with service
289-321-3253

Bradford Community Church

Mid-week small group
905-775-8038, based on the Bible
10:00 a.m. - 11:30 a.m. Service
Nursery - Birth to 3 yrs. Children 4-12 yrs

Riverbide Bible Chapel

603446 Bathurst (North of Hwy 11)
11:00 am - Family Bible Hour
1:00 pm Afternoon Service
7:30 pm Wed. - Prayer - Bible Study

Bradford Baptist Church

3254-10th St.
(2 km north of Holland St.)
9 am - Portuguese Service
10:30 am - English Service
10:50 am - Spanish (Trinitario)
Mid Week Youth & Portuguese Ministry
905-775-5700
www.bbcwbc.ca

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Bilingual Services
Liturgy Sunday & Feast
Days 10:00 am
Phone 905-715-0105

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Days 10:00 am
Phone 905-715-0105

AL-ANON: Meets Wednesdays, 8 p.m. Holy Martyrs of Japan Church basement, 167 Essa St. in Bradford. For information, write: al-anon.alston@rogers.com, call 905-775-2200 or call 1-888-444-ANON.

WEEKLY BINGO: Innisfil Lions Club host a weekly BINGO, Mondays, 5 p.m. doors open, 6:45 p.m. BINGO begins, at the Lions Hall on Innisfil Beach Rd., Alcorn. Refreshments available. For info, call 905-436-1826.

HELP FOR IMMIGRANTS: Bradford Immigrant & Community Services (BICS) located at 11 Holland St. East offers English Language Classes for Newcomers to Canada, Settlement Assistance, Integration to the Canadian Social System Program, Finding Workplaces, Translation and Interpretation services, Information and referral, advocacy and more. 905-775-3343 or see www.bradfordimmigrant.com

BWG COMMUNITY MEAL: BWG Community Initiatives hosts a hot meal at 5:30 p.m. every Friday evening, at Bradford United Church, 66 Barrie St. in Bradford. All welcome - doors open at 5 p.m. Free.

ST. MICHAEL'S UKRAINIAN ORTHODOX CHURCH: 721 Simcoe Rd., Bradford. Fund-raising perogies and cabbage rolls every Sat. and Sun. 12 to 4 p.m. Info, call the church at 905-551-1651.

WRITERS' CIRCLE: BWG Writers' Circle now meets 7-9 p.m. on the 3rd Tues. of the month, at the New Bradford Library, 425 Holland St. W. in Windsor. Welcome.

SUPPORT FOR DEPRESSION: Support group meets every Friday evening at 7:30 p.m. The support group, 66 Barrie St. Support for Depression meets 6-8:30 p.m. a year round, providing an opportunity for those experiencing depression or who have experienced depression to share coping strategies in safe, non-judgmental surroundings, assisted by empathetic facilitators. Organized by the Canadian Mental Health Association - completely anonymous. Join the church through the Office Door, off Barrie St.

CAREGIVER SUPPORT GROUP: Meets at CHATS (Community & Home Assistance to Seniors), 448 Holland St. West in Bradford, on the 1st and 3rd Thursdays of the Month, at 10 a.m. An opportunity to get out, meet other caregivers, share stories and strategies, and find new ways to cope. Free, but register by calling Marc, 1-866-677-6818 or 422-0100 or email Mferrance@chats.on.ca

SAT., MAY 3
WALK THE SPINE TRAIL: Hike: The BWG Active Transportation Committee invites the community to discover the "Spine" of Bradford - the trails from Ashford St. north to Tiger Tail Crescent. Meet at 10 a.m. in front of the BWG Leisure Centre, for a warm-up with a fitness instructor, and a hike led by Committee members.

ROAST BEEF DINNER: At The Church of the Evangelists, 99 Queen St. North in Tottenham, 10:30 to 12:00 p.m. Soup, Roast Beef and mashed potatoes with gravy, vegetables, variety of pies - only \$15.00, free for children under 10. To order call 905-882-1010.

OLD-FASHIONED SQUARE DANCE: At Bradford United Church, 66 Barrie St. - no experience necessary. Caller Doug Holmes will lead every one through the steps! 7:30 to 10:30 p.m. Tickets are \$20 per couple, \$10 for individuals. Light refreshments will be served. Please RSVP to 905-775-7268, and get ready to enjoy an evening of fun. A fundraiser for the church.

SPRING FLUID BAZAAR: At Bradford Valley Long Term Care Centre, 2656 - 6th Line BWG, from 9 a.m. to 12 p.m. for wonderful crafts, vendors and more. All welcome.

CHURCHILL UNITED CHURCH CHURCH BAKE SALE: Bake Sale, Crafts, Silent Auction, Petting Zoo, and more. All welcome. 905-775-7268, and get ready to enjoy an evening of fun. A fundraiser for the church.

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coffee only \$6 per person - drop in, and treat a friend!

SUN., MAY 4

OPEN HOUSE AT ART UNIQUE: Art Unique Gallery & Gifts, located at 4293 - 2nd Line Innisfil, in Cookstown, celebrates its 10th anniversary with an Open House, 2 to 4 p.m. Meet the artists - including new artist Linda Kutars. Refreshments. All welcome.

VITA & STEPHANIE CUTATHON FOR THE COCHLEAR IMPLANT UNIT AT SICK KIDS: Hair cuts for a donation, raffish, bake sale, plant sale and more, all to raise money for the Cochlear Implant Unit at the Hospital for Sick Children, 10 to 5 p.m.

SAT., MAY 10

THE 1837 REBELLION REMEMBERED WORKSHOP: Hosted by the Ontario Historical Society and Tecumseh, 99 Queen St. North in Tottenham, 10:30 to 12:00 p.m. Soup, Roast Beef and mashed potatoes with gravy, vegetables, variety of pies - only \$15.00, free for children under 10. To order call 905-882-1010.

MOTHER'S DAY VICTORIAN TEA: At the Elman W. Campbell Museum, 134 Main St. S. in Newmarket, with sitings at 1 p.m. and 2:30. Cost is \$10 for variety of teas, old-fashioned sandwiches and sweets served on vintage china. \$10 for variety of teas, old-fashioned sandwiches and sweets served on vintage china. \$10 for variety of teas, old-fashioned sandwiches and sweets served on vintage china.

DAY OF JOY: For women of Innisfil, Barrie, Churchill, Alliston and surrounding areas, at St. Peter's Anglican Church in Churchill. Worship, group interaction and theme talks with Anne Dempsey, plus coffee breaks and lunch, only \$20 per person. Registration at 9 a.m., program starts at 9 a.m. Contact Joann at 905-466-8373 or joann@joannadempsey.com

BOND HEAD & DISTRICT HORTICULTURAL SOCIETY: EYE MOTHER'S DAY PLANT SALE: At the Bond Head Community Hall, 9 a.m. to noon. Bake Sale, great plants from the members' gardens, animals and hanging baskets.

GILFORD & DISTRICT HORTICULTURAL SOCIETY: SPRING FLOWER SHOW & SOCIAL TEA: At the Churchill Community Centre, on Yonge St. in Churchill, Innisfil. Bring in entries for the Flower Show from 9:30-11 a.m., judging starts at 11 a.m. Open to the public - bring in your own \$5 to eat at noon. All welcome.

N & M MEAT SHOPS CHARITY BBQ: A fundraiser for the Crohn's & Colitis Foundation of Canada. Purchase a hot dog or hamburger, chips and drink for a minimum donation of \$3 at any N & M Meat

Shop, from 10 a.m. to 4 p.m. **MARSH MASH:** OCMKRA sanctioned canoe and kayak races on the north canal, starting and finishing at Springdale Christian Reformed Church, 5 SR and Canal Rd. Register at 8 a.m.; racing starts 10 a.m. For info see www.marshmash.ca or call 905-775-5359 ext. 5102, or 905-893-1323

SPRING TEA: Trinity Anglican Church in Bradford, at Church and James St., is hosting a Spring Tea, Silent Auction and Bake Sale, 11 a.m. to 2 p.m. Tickets for Tea are \$12, only \$5 for children 10 and under. Call Linda Clark, 905-775-4316, or Sheryl MacPhail, 905-775-3134 for tickets.

ST. ANDREW'S PRESBYTERIAN CHURCH BAZAAR & BAKE SALE: From 8:30 a.m. to 1 p.m., at St. Andrew's Presbyterian Church, Main & Water Sts. in Newmarket. All welcome.

GARDENERS' TEA: Afternoon Tea and 1920s Fashion Show at the Temperance Hall in Sharon (on Hwy 27, just past the Sharon Temple), 2 to 4 p.m. Celebration of the 90th Anniversary of the Mount Albert Garden & Horticulture Society. Ticket call Ellen, 905-473-1322.

DAY OF JOY: For women of Innisfil, Barrie, Churchill, Alliston and surrounding areas, at St. Peter's Anglican Church in Churchill. Worship, group interaction and theme talks with Anne Dempsey, plus coffee breaks and lunch, only \$20 per person. Registration at 9 a.m., program starts at 9 a.m. Contact Joann at 905-466-8373 or joann@joannadempsey.com

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Sports

Run for Bradford (BWG)

Lace up your running shoes.

The 4th annual Run for Bradford (BWG), organized by the Almadayya Muslim community, will be taking place on Saturday, May 24, at the AMJ property on 10 Sideroad.

The event is a fundraiser for Bradford West Gwillimbury, this year benefiting the new Family Health Centre, Library, Leisure Centre, and local Heritage.

The entire community is invited to come out, to enjoy a day of fun that includes jumping castles for the children, volleyball, trails, refreshments, a BBQ lunch at a nominal price - and the 3K Run/Walk or 5K Run.

Register online at www.runforbwg.ca or at 3989-10 Sideroad on the day of the Run, before 9:45 a.m. Note: Road closures begin at 9:45 a.m. Run/Walk starts at 10 a.m. Registration fee is \$10 for the 3K Walk, \$15 for the 3K Run, \$20 for the 5K Run until May 11; then \$15, \$20 and \$25 until May 18. The fee goes up to \$20 for the 3K Walk, \$25 for the 3K Run and \$30 for the 5K Run the week of the race. For more information, or to sponsor a great community event, contact 1-855-RUN4BWG (786-4294).

Charity Runs & Walks

On Sunday, May 4, Walk for MS and a cure for Multiple Sclerosis.

The **Mandarin Walk for MS** starts at the Newmarket Community Centre & Lions Hall, 220 Doug Duncan Dr. In Newmarket, check in begins at 8:30 a.m., the 5 or 10 K Walk at 9:30 a.m., followed by lunch at 10:30 a.m. Closing Ceremonies and Awards at 11:30 a.m. For information, contact Jennifer Peacock at jennifer.peacock@msociety.ca or call 1-888-822-8467, see RUNS PAGE 20

Walk the Spine!

The BWG Active Transportation Committee is walking a portion of the "Spine" of Bradford, a series of trails that run 2.8 K north-south through valleys and parks, connecting Aishford St. at the south end of Town to the boardwalk at Tiger Tail Crescent.

The Committee invites the community to join the "Walk the Spine" Trail Walk, Saturday, May 3. Meet in front of the BWG Leisure Centre at 10 a.m. for a warm-up, led by a Fitness Instructor - followed by the hike. The walk should take about an hour. Learn more about Bradford's trail system, and the Active Transportation Committee - and dress for the weather.

For information, contact Nick Warner, at 905-775-7329 ex. 8501 or nuwamang@townofbwg.com

Running and Walking for Southlake



The 2014 Run or Walk for Southlake was the "biggest event ever" for the Newmarket hospital, with 1,500 to 2,000 runners, walkers and joggers registered for the event, and over 100 teams. "It's going to be the biggest year for fundraising," said Nisha Poscente, President and CEO of the Southlake Foundation - with more than \$120,000 in pledges registered by Run day.

Even more valuable than the fundraising, though, was the awareness created by the event. "It brings together the community, for their hospital," Poscente said.

The Run/Walk took place in Aurora on April 27, offering a variety of options for participants at all levels - from the 1K mini-mile for kids, to the 2.5 and 5 K Run or Walk, and 10K Run.

"It's evolved from a small group of friends who got together to honour a friend, Bob Hartwell," said Mike Smith, emcee and member of Southlake's Board of Directors. Hartwell, a civic leader in Newmarket and a runner, died in 2001 while participating in the Toronto marathon - and a Run started in his memory because the Run or Walk for Southlake. Smith asked

everyone to "remember Bob Hartwell" as they ran or walked their route.

Smith also introduced some special guests. The Mayors of Aurora, Georgina, King Township, Newmarket, East Gwillimbury and Bradford West

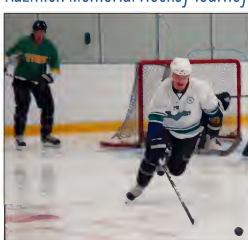
Gwillimbury were on hand to help "warm up" the crowd, and participate in the annual Mayors' Challenge.

And the Polito family came on stage to bring home the reason for the Run. Sal Polito suffered sudden cardiac arrest on July 18, 2012,

after a day at the Science Centre. His wife, coached by 911 dispatchers, performed CPR until paramedics could arrive and transport him to Southlake - where he credits the Cardiac Care unit with saving his life. It was his daughters, Isabella and Olivia, who designed the image on this year's Run t-shirt - a very special design, Isabella said, "because it's my family, Isabella."

Nature's Emporium is the title sponsor of the Run or Walk for Southlake, and Emporium President Joe D'Adario told the crowd, "We are very proud and privileged to be part of this great day... Have fun, enjoy, and thank you, everyone, for coming out."

Kuzmich Memorial Hockey Tourney



The Kuzmich Memorial Hockey Tournament, held in memory of South Simcoe Police Senior Constable Alan Kuzmich, who lost his life in the line of duty in 2002, took place at the Bradford West Gwillimbury Leisure Centre, April 25-27. The Men's and Women's tourney attracted up to 30 teams from across Ontario, and raised money for the Inniish Snowdogs Special needs hockey league, and the new Kuzmich Grass Roots Hockey organization, which helps disadvantaged kids play hockey.

In the photo, the Screaming Seagulls defeated York Classic on Sunday morning, 5-0.

Simcoe County Outdoors Club

Calling all Nature lovers and outdoors enthusiasts... Come to the founding meeting of the Simcoe County Outdoors Club, on Thursday, May 15 at 7 p.m. at the Bradford Public Library's multipurpose room, 425 Holland St. West. The Club will be all about hiking, cycling, canoeing and kayaking in summer, and cross-country skiing in winter. For more information, and to RSVP, contact founder of the club, Linda Warman at wearnature@rogers.com

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MENS NIGHT
Wed, May 14

Runs & Walks for Charity

RUNS from Page 19
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youth is a 5K walk taking place in
 Barrie, starting at the Southshore
 Community Centre. Registration
 begins at 9:30 a.m., the Walk starts
 at 11 a.m. For more information,
 see www.walktokidscentral.ca

Hike for Hospice, in support
 of Palliative Care, takes place on

Sunday, May 4. Doane House
 Hospice in Newmarket will be
 participating in a 2K or 5K Hike
 at Fairy Lake Park in Newmarket;
 registration begins at 9 a.m., the
 Hike at 10 a.m., followed by a BBQ,
 refreshments and entertainment.
 Registration fee is \$25, free for
 children under 12. Hikers are

also asked to raise a minimum
 of \$50 in pledges. Doane House
 celebrates its 25th anniversary this
 year. Matthews House Hospice
 is participating in the Hike for
 Hospice at the Adjala-Toronto
 Municipal Offices, off Hwy. 50
 with registration at 11 a.m., Hike
 at noon. For pledge forms, see

www.doanehospice.org or www.mathewshousehospice.ca

The Upper Canada Mall Easter
 Seals 10 Run and 5K Run and
 Walk will take place Sunday,
 May 25, at Newmarket Riverwalk
 Commons. See EasterSealsRun.com
 and wear your brightest gear!

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Looking For/Wanted

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Saturday May 31 10:00 AM - 4:00 PM HOUSE AND HOME SHOW at the Army Navy and Air Force H.Q. For info, contact Kim Ind 905-281-6687 Ind@h-rentals.com@Potha1.com

LOTS OF CLASSIFIEDS TO SORT THROUGH!

Obituaries

CAMPBELL, Doris Kathleen - Peacefully passed away in her family at her place, at Southlake Regional Health Centre, Newmarket on Wednesday, April 23, 2014. Doris Campbell of Bradford at 84 years of age. Cherished wife of the late Lewis Campbell. Beloved mother of Suzanne and Luanne (Michael) Edwards. Loving grandmother of the late and Arlene, daughter of the late Rose and the late Elizabeth Bell. Dear sister of late Marguerite Roberts, late Jean Koll, Gladys Cronan and Tom Bell. Doris will be sadly missed by her nieces, nephews, relatives, friends and especially her sister Gladys. Friends called at SKWARCHUK FUNERAL HOME, Bradford for visitation. Funeral Service will be held in the Chapel on Saturday, April 26, 2014 at 11 a.m. Interment Mt. Pleasant Cemetery, Bradford. In Doris' memory, donations may be made to the Heart and Stroke Foundation of Ontario.

REYNOLDS, Betty Anne - It is with great sadness that the family announces the sudden passing of Betty Anne Reynolds, 87, of Devlin Ontario on Sunday April 27th 2014 at La Verendrye Hospital, Fort Frances. She will be greatly missed by family and friends. Cremation has taken place and a gathering of family and friends will take place at a later date. In memoriam donations can be forwarded to The Arthur Society c/o Northridge Funeral Home, Box 89, Emery, Ontario, P0W 1E0.

WIST, Marjorie - Peacefully passed away at Bay Hill Care, Collingwood on Tuesday, April 22, 2014. Marjorie (nee Patterson) formerly of Bradford at 89 years of age. Beloved wife of the late Frank Wist. Another of late Cheryl, late Gary, late Glen and late Paul (Laura). Cherished grandmother of Tressa. Dear sister of Elroy (Anita) Hay and Dr. David (Phyllis) Patterson. Marjorie will also be fondly remembered by her nieces and nephews. A private family graveside service was held at Holy Marys Cemetery, Bradford. Marjorie's memory, donations may be made to the OSPCA. Arrangements entrusted to SKWARCHUK FUNERAL HOME, Bradford.

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Obituaries Obituaries In Memoriams

BROHM, Kathleen Alice (nee Rowan)
Born April 20, 1924



Peacefully with her daughter by her side on Tuesday April 22, 2014 at Bradford Valley Long Term Care in her 91st year. Lovingly remembered by Doris and her husband John Purny, Susan and her husband Nick Bastian, and granddaughter Jennifer Bastian all of Bradford. She leaves behind a sister Audrey Kimberley of Orillia, and a sister-in-law Anna Rowan of Winter Haven, Florida. Predeceased by her husband Howard and brothers Frank, Ken and Gordon Rowan and sister Dorothy Brockles. A graveside service will take place at Fenelon Falls Cemetery, Memorial donations to the Canadian Diabetes Assoc. or a charity of choice would be appreciated by the family. On the condolences, memorial donations or to light a memorial candle please visit www.jardinefuneralhome.com

In Memoriams In Memoriams

ALLAN ORR

May 1, 1926 - April 30, 2013



The Irish Benediction

*May the road rise to meet you
May the wind be always at your back
May the sun shine warm upon your face
and the rains fall soft upon your fields,
and until we meet again.
May God hold you in the palm of God's hand.*

Gone are the days
We used to share
But in our hearts
You are always there

With love:
Mary, Ron, Anita, Patricia & Families

Joanne Whiteside

Another year has come and gone.

We miss you dearly.

Remembered always.

Love - Ron, Diana and Cindy & family.
P.S. Love & kiss our little angel Danielle.



VANDERPOST, RYAN GARNET

October 21, 1961 - April 29, 2011

A sadness still comes over us

Years in silence often flow

Memory keeps you ever near us

Though you passed three years ago

Remembered with love from your

Grandparents

Hank & Betty Lou Vanderpost

Youth Fitness program sponsors Triathlete

Equilibrium Lifestyle Management of Canada Inc. has been hosting a series of online weight loss challenges, under the tag line, Get Fit BWG.

Co-owner of eLifestyle and certified personal trainer Robb Armstrong has been looking for other opportunities to grow.

engage the public, and deliver fitness programs - to individuals' homes, cottages, condos, companies, resorts and whole communities.

That outreach has led to a new Youth Fitness Initiative.

Armstrong and partner Leah Epstein are now sponsoring a young Bradford Triathlete, providing training to help 13 year old Diego Carvalho reach his athletic goals.

Diego, a student at Marle of the Incomaran School, is a member of his school's Cross Country team, a competitive swimmer, and for the past 3 years, has been competing in the Ontario Kids of Steel triathlon circuit. It's challenging: participants will swim

up to 500 metres, cycle up to 14 km., and run up to 4 km., in a single event.

Carvalho entered his first triathlon in Newmarket three years ago, and has had great success. Last year, he completed in 6 triathlons - finishing in the Top 5 in four races (including a 1st place finish in his age group, in Milton), and Top 10 finish in the other 2 races.

This year, he is moving up a level - which means that the intensity of competition is increasing.

"Last year, I was kind of a little one. This year, I'm 13!" Diego says.

He joined the Adult Triathlon Club at the Bradford West Gwillimbury Leisure Centre, hoping it would help him step up his training - but mom Tanya admits, "He needs more. He's not getting enough from the adult group."

That's where Armstrong comes in. As part of eLifestyle's sponsorship, he's providing coaching and training sessions.

"We need to work on his core strength, but not in a way to be tough on his joints," which

Armstrong says. After a few sessions, "just seeing what he's capable of," Armstrong has tailored a fitness and exercise program for Diego, every Friday afternoon, that increases the intensity incrementally - "a little harder and a little harder."

There are pieces of portable equipment that are used, and upstairs, the family has created a work-out room, equipped with a TRX.

"There are so many different exercises you can do," says Armstrong - building endurance and core strength in cardio as well as muscle. "Doing the exercises improves his bone density too" - all of which are important for a triathlete.

Diego trains 4 or 5 times a week, in addition to his lifestyle sessions. And

he has a goal. "I kind of want to head myself to the Olympics."

He's facing a grueling schedule this year, entered in 9 triathlons - the first on May 25, in London, Ontario, followed by competition in Caledon on June 6, Vaughan on June 22, Mississauga on July 27, and on August 6, the Iron Kids Triathlon in Louisville, Kentucky, the first he will compete in the U.S.

"To have so much drive at his age!" says Armstrong, himself a competitive athlete, although never in marathon or triathlon. "You really got to dig deep... To me, it's so enjoyable, to see him at his age" - displaying the dedication and determination of an iron man competitor.

For more information, see www.eLifestyle.ca
Photo: Robb Armstrong helps Diego train on TRX.

Doin' the Marsh Mash!

The 36th Annual Marsh Mash Canoe and Kayak Races, sanctioned by OMCKRA (Ontario Marathon Canoe and Kayak Racing Association) will be taking place on Saturday, May 10 at Springdale Christian Reformed Church, 5 Sideroad and Canal Road in Bradford West Gwillimbury.

Registration begins at 8 a.m., racing at 10 a.m. on the reconstructed Holland Marsh north canal. Classes include the 22km. ICF K1 - a qualifier for the ICF Kayak Marathon World Championship; Marathon C2 Open and Marathon C2 Mixed. Open Kayak and Marathon C1 entries will travel a 16K course - and 9K races will be open to Outrigger, Recreational C2, Recreational Kayak, Stand-up Paddleboard, and Jr. marathon Open classes.

There are also 5K races for Adult/Child, Novice Stand-up Paddleboard, and Short Kayak Open. The Marsh Mash is a partnership between

organizer Craig and family, and the BWG Leisure Services Department. For more information contact Joe Lotto, at jlotto@townofbwg.com or 905-775-5359 ext. 5102, or Iain Craig, 905-893-1323. Check out www.marshmash.ca for more.

In addition to the Marsh Mash, OMCKRA also sponsors the

Youth Marathon Canoe Championships, traditionally held the Friday before the Marsh. This year, approximately 100 young paddlers from Mary Ward Catholic High School and Bishop Allen Catholic High School will be competing.

In Toronto, J. Clark Richardson Secondary in Whitby, and the Parry Sound Canoe Club will be taking to the North Canal on May 9.

The event is organized by Uxbridge resident Mike Kennedy, a long-time paddler who is dedicated to bringing the joys of marathon canoeing to a new generation.



What's On!

Lefroy United Church is holding its 17th **Annual Tully Tea** at the Grange Hall, on Saturday, May 3 from 2 to 4 p.m. Sandwiches, squares, tea or coffee, only \$6 per person. Treat a friend!

Lakeview Gardens Garden Centre, 1712 Killarney Beach Rd., in Lefroy, Innisfil, hosts its annual **Spring Preview and Open House** on Saturday, May 3 from 9 a.m. to 5 p.m. Take a behind-the-scenes tour of the greenhouses, and pre-order your hanging baskets and heirloom tomatoes!

Come to a social evening of **Square Dancing**, at Bradford United Church on Saturday, May 3 from 7:30 to 10:30 p.m. No

experience needed - caller Doug Holmes will instruct in classic Square Dancing! Tickets are \$20 per couple, \$10 per individual; available at the Church 66 Barrie St., 905-775-7268. Please purchase in advance!

Bradford Valley Long Term Care Centre, located at 2566 Line 6 in Bradford West Gwillimbury, hosts its **Spring Film Bazaar** on Saturday, May 3, from 9 a.m. to 1 p.m. Drop in, and discover great vendors!

Churchill United Church, in Churchill, Innisfil, is hosting a **Bake Sale**, May 3 from 9 a.m. to 2 p.m. - plus Crafts, Silent Auction, Plant Sale and Lunch Room! Everyone is welcome to attend.

10th Anniversary Open House & Meet the Artists event at Art Unique Gallery & Gifts, 4293 - 92d Line Innisfil, north of Cookstown. Sunday, May 4 from 2 to 4 p.m. Refreshments.

Royal LePage At Your Service Realty is participating in the 6th annual **National Garage Sale for Shelter**, in support of the Royal LePage Shelter Foundation, raising money for Women's Shelters and other local charities. Donations of items for the garage sale are now being accepted at the Royal LePage offices at 92 Holland St. in Bradford, and 8 Bradford St. in Holland Landing, until May 6. The National Garage Sale for Shelter will take place Saturday,

May 10, from 7 a.m. to 3 p.m. For information, call 905-775-5557.

Come to Scanlon Creek Conservation Area, just north of Bradford, and enjoy the Spring wildflowers. On Saturday, May 10, from 1 to 4 p.m., join the Friends of Scanlon Creek for a **Wildflower Walk** in the woods. Meet at the Nature Centre at 1 p.m., and learn to identify spring wildflowers through a brief slideshow, followed by a leisurely walk. Dress for the weather, and bring your camera. Entrance fee of \$10 per vehicle - or free with a Scanlon Creek Annual Pass, available from the Lake Simcoe Region Conservation Authority. For more information, see www.LSRCA.on.ca



Farewell Service. On Sunday, May 4, St. Paul's Anglican Church (Coulson's Hill) will hold a final Farewell Service, starting at 10 a.m. The doors of the church built in 1916 will then be closed, and it will be disestablished - although still owned by the Diocese, and the cemetery will remain open. All are welcome to attend.



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